

# Primary Schools

## Benchmarks for Tobacco Control



### Healthy policies

#### 1. A whole-school tobacco policy is in place.

- The policy addresses smokefree practices on school premises and at all school sanctioned events, and has a harm minimisation focus that incorporates an agreed process of intervention to provide support when responding to young people who are dependent smokers.
- Staff, families and students are involved in guiding tobacco policy and practices.
- Staff, families and students are provided with information about policy requirements.
- Cultural tobacco practices are considered when developing and implementing this policy.
- The policy is cross-referenced with, and complements other relevant policies (e.g. alcohol and other drugs, student engagement).
- The policy can be stand-alone or incorporated into a whole-school health and wellbeing policy.

#### 2. The school has a staff health and wellbeing policy which supports smokefree practices.

### Healthy physical environment

#### 3. The school provides a totally smokefree environment.

- Smokefree signage is clearly displayed at entrances, office reception and other key visible locations.
- All school sanctioned events (on/off premises); including camps, excursions, sporting events, fetes and celebrations are totally smokefree.
- Contract agreements with stakeholders, suppliers, providers of services and users of school facilities ensure compliance with the tobacco legislation.

### Healthy social environment

#### 4. Staff and young people who smoke are supported to quit or manage their smoking.

- Staff and young people who smoke are supported with counselling and/or referrals to health professionals.
- A collaborative partnership is established between the school, parents and health professionals when supporting a young dependent smoker.

#### 5. Staff and families recognise they are role models and smokefree behaviour.

- Staff, school contractors, parents and visitors model smokefree behaviour and refrain from smoking whilst in view of students.
- Staff promote the benefits of a healthy lifestyle and being smokefree.

### Learning and skills

#### 6. Tobacco prevention education is incorporated into the curriculum from foundation to year 6.

- Tobacco education provides interactive teaching strategies that build students' knowledge, problem solving, decision making and resilience skills.
- Tobacco education identifies norms, influences, risks and strategies to avoid harm.
- Tobacco education is responsive to topical community issues.
- Tobacco education is delivered in one or more key learning areas of the curriculum.

#### 7. Staff are supported to access resources, tools and professional learning to enhance their knowledge and capacity to deliver tobacco education and prevention initiatives across the curriculum.

### Engaging children, young people, staff and families

#### 8. Families, students and staff are key partners in developing and supporting smokefree initiatives.

- Families and staff are provided with information, ideas and practical strategies on a regular basis to promote and support smokefree behaviour at school and at home.
- Students are consulted about smokefree initiatives via school council, student action teams or other representative structures.
- Student learning about tobacco is complemented by opportunities to share their knowledge with peers, families and the community.

- d) Families are encouraged to be involved in smokefree initiatives at school.
- e) Staff are encouraged to develop competencies to facilitate engagement of families and students from diverse cultural backgrounds.

### **Community partnerships**

- 9. Staff are encouraged to work with local health professionals, services and organisations to increase their capacity to deliver and promote tobacco education and prevention initiatives.**
- a) Links are established with local health professionals, services and organisations to support smokefree initiatives.
- b) Partner organisations comply with smokefree strategies identified in the school's tobacco policy at school events on and off site.
- c) The school provides information to staff and families about local support to quit smoking as required.